

Sense of Purpose

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\ R X U S X U S R V H : H U H P L O O H Q Q L D O V : H O O W U \ W R G R W K D W L Q V
isn't enough. The challenge for our generation is creating a world where everyone has a sense of purpose.

One of my favorite stories is when John F. Kennedy visited the NASA space center, he saw a janitor carrying a broom and he walked over and asked what he was doing. The janitor responded, "Mr. President, I'm helping put a man on the moon."

Purpose is that sense that we are part of something bigger than ourselves, that we are needed, that we are working on something better ahead to work for. Purpose is what creates true happiness.

You're graduating at a time when this is especially important. When our parents graduated, purpose really came from your job, your church, your community. But today, technology and automation are eliminating many jobs. 0 H P E H U V K L S L Q F R P P X Q L W L H V L V G H F O L Q L Q J 0 D Q \ S H R S O H I H H O

As I've traveled around, I've sat with children in juvenile detention and opioid addicts, who told me their lives were a mess. F R X O G K D Y H W X U Q H G R X W G L u H U H Q W O \ L I W K H \ M X V W K D G V R P H V
P H W I D F W R U \ Z R U N H U V Z K R N Q R Z W K H L U R O G M R E V D U H Q W F R P L C

To keep our society moving forward, we have a generational challenge — to not only create new jobs, but create a renewed sense of purpose.

I remember the night I launched Facebook from my little dorm in Kirkland House. I went to Noch's with my friend KX. I remember telling him I was excited to connect the Harvard community, but one day someone would connect the whole world. The thing is, it never even occurred to me that someone might be us. We were just college kids. We didn't know anything about that. There were all these big technology companies with resources. I just assumed one of them would do it. But this idea was so clear to us — that all people want to connect. So we just kept moving forward, day by day.

I know a lot of you will have your own stories just like this. A change in the world that seems so clear you're sure someone else will do it. But they won't. You will.

But it's not enough to have purpose yourself. You have to create a sense of purpose for others.

I found that out the hard way. You see, my hope was never to build a company, but to make an impact. And when all these people started joining us, I just assumed that's what they cared about too, so I never explained what I hoped we'd build.

A couple years in, some big companies wanted to buy us. I didn't want to sell. I wanted to see if we could connect more people. We were building the first News Feed, and I thought if we could just launch this, it could change how we learn about the world. Nearly everyone else wanted to sell. Without a sense of higher purpose, the startup dream came true. It tore our company apart. After one tense argument, an adviser told me if I didn't agree to sell, I would regret the decision for the rest of my life. Relationships were so frayed that within a year or so every single person on the management team was gone.

That was my hardest time leading Facebook. I believed in what we were doing, but I felt alone. And worse, Z D V P \ I D X O W , Z R Q G H U H G L I , Z D V M X V W Z U R Q J D Q L P S R V W H U

Now, years later, I understand that is how things work with no sense of higher purpose. It's up to us to create it so we can all keep moving forward together.

(Adapted from 2017 Harvard Commencement Speech)

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O\ULFV WKDW HPERG\ HPRWLRQDO FRQWHQW LQ RUGHU WR FRQYH\ WKH NLQG RI ULVH DQG IDOO SDWWHUQV RI KXPdq QDWXUH

I genuinely love to write poems, although I prefer not to have them published because I write poems for GLuHUHQW SXUSRVHV RWKHU WKDQ IDPH , IRUPHUO\ ZURWH SRHPV DERXW WKH H[SHULHQFHV , KDG ZKLOH WUDYHOLQJ ZLWK my friends, celebrating Professor Xu's 95th birthday, and even about the wedding of my friend's daughter, for instance. I choose to write poetry without restraint, refusing to have my poems published and subjected to public critique since it is a personal experience for me. In my opinion, if a writer's main goal is to have their work published then I think poetry is not a suitable occupation for them. Poetry is supposed to serve as a means to convey personal feelings and sometimes that means that they should only be shared among close friends. Moreover, a certain poem may only be suitable for a special friend to read, who truly understands the writer's inner feelings and can relate to the content on a more personal level. This means that the poem should only be shared among the poet's closest circle of friends.

,Q UHJDUGV WR P\ RZQ ZRUN LW KDV EHHQ PDQ\ \HDUV VLQFH WKH GUDIW RI P\ SRHWU\ FROOHFWLRQ ZDV YHULHG

for publishing (someone even wrote a preface for it). Even though I have written more than 100 poems, I still refuse to have them all compiled for publishing. Currently I am only willing to consider publishing 50 to 80 of my poems, altogether of which my book of poems will be too meager. The reason I insist on this approach is because I believe that the quantity of a poet's work is not a criterion for evaluating a poet. Li 4LQJ]KDR ZURWH OHVV WKDQ SRHPV WKURXJKRXW KHU HQWLUH OLIH /L <X ZURWH OHVV WKDQ SRHPV EXW WKHLU work has stood the test of time through many generations, nonetheless. So the outstanding quality of a poet does not lie in the quantity of their works, but in the quality of how they are portrayed through writer's expression.

E: What kind of advice would you give to those upcoming students who are interested in writing SRHWU\ " 'R \RX WKLQN WKDW SRHWU\ KDV DQ\ VLJQLFDQFH RQ RXU GDLO\ QLYHV"

Z: Firstly, when you practice writing poems it is vital to learn the fundamental skills of using rhythms, DQWLWKHVV ZRUG RUGHU DGMXVWPHQW ZRUG RUJDQL]DWLRQ HWF with true emotion, you should remember to be prudent and never write down your feelings unless they are authentic and come from the bottom of your heart. If you are not moved by your own poem, then how are you going to move someone else?

:KHQ GLVFXVVLQJ DERXW SRHWU\ \V HuHFW RQ RXU GDLO\ OLYHV ZH VKRXOG H[SORUH WKH QDWXUDO WKHPHV DQG HQFRXQWHUV RI RXU GDLO\ OLYHV WKDW DUH PRVW VXLWDEOH IRU SRHWLF IRUP WKXV UH\OLQJ RXU IHHOLOQJ DQG HPRWLRQV WR W D PDQLIHVWDWLRQ WKURXJK SRHWU\ 7KLW NLQG RI ZULWLQJ LV QRW UHODWLYH WR GRLOJ D VSHFLDOLHG MRE EHFDXVH HYHU\RQH FDQ ZULWH ZKHWKHU KH VKH PDMRUV LQ OLWHUDWXUH RU VRPH RWKHU QRQ UHODWHG HOG V\FK DV 3URI =KDJ from the Department of Biology at ECNU who writes classical poetry. It was also common in the past for D ORW RI VFLHQFH DQG HQJLQHULQJ SURIHVVURUV WR ZULWH QH SRHPV RI YDULRXV IRUPV IRU LQVWDQFH WKH IRUPHU SUHVLGHQW RI)XGDQ 8QLYHUVLW\ 6X %XTLQJ ZDV D PDWKHPDWLF SURIHVVURU ZKR DOVR ZURWH SRHWU\ RI WKH QHZ style form.

E: Recently there has been numerous TV programs broadcasting about poetry reading and recitations, what's your view on this new phenomenon?

Z: I think that the initial purpose of those programs had good intentions, but merely reading and UHFLWLQJ SRHPV GRHV QRW VLJQL\ WKH HVVHQFH RI DQ\ DUWLVLWLF TXDOLW\ 3RHWU\ LV DQ DUW IRUP WKDW VKRXOG EH eventually recognized or utilized in one's own life. Reading poetry is not like wearing earrings or a necklace

for instance, which is just to modify appearance and give someone an external impression of one's SHUVRQDOLW\ \$ SRHP VKRXOG PXVWHU D UHÀHFWLRQ WRZH WKHP LQ WKH UUV SODFH"

On a more practical basis, the programs should include more reasonable materials that everyone can understand and relate to. Honestly, the type of people who have the skill to recite poems verbatim +RZHYHU ZKHQ LW FRPHV WR FUHDWLQJ D SRHP DUH QR ORQJHU DGPHUHG LQ PRW DFDGHPLF FLUFOHV \$ F KXPdq EUDLQV DEOLW\ WR UHFLWH SRHPV DQG \RX FDQ V a variety of poems on the web. The disadvantage of a computer is that it cannot replace human brain functions when it comes to convoking emotional integrity

WKHPHV DQG HQFRXQWHUV RI RXU GDLO\ OLYHV WKDW DUH PRVW VXLWDEOH IRU SRHWLF IRUP WKXV UH\OLQJ RXU IHHOLOQJ DQG HPRWLRQV E: Professor Zhou, we know that once you were sent to work in the peripheral countryside and PRXQWDLQRY DUHDV RI & KLOD +RZ GLG WKRVH HJDO HðÅ%L



From then on, I refused to be inferior to other people so I read and recited works in my personal time while many of my friends were enjoying life together. Around this time I also seized an opportunity to access the books that were prohibited during the Great Cultural Revolution. 'H V S L W H W K H U H V W U L F W L R Q V had an acquaintance whose father possessed a wide selection of books. He was apprehensive to keep the books in his own home after his father passed away. In order to avoid prosecution, he hid the books at his aunt's house, far from his home. He knew that I had a sharp desire to read more, so I instantly accepted them when he asked me whether I wanted the books. In return for the books, however, I had to do some work for him on the farm in exchange, such as feeding the cows and other labor work. I even had to bribe him through other means, such as regularly buying soap powder and cigarettes for him.

Notwithstanding that I only earned 10 yuan per month for my life expenses, I still had to bribe him with this money and I also had to return the books he O H Q W P H Z L W K L Q D O L P L W H G through this rigid exchange that I finished reading an exceptional amount of the books. He also taught me how to recite the Three-Character Classic and The Book of Chinese Family Names (always with a lit cigarette in his mouth), and with his help I read many other novels, including North-qì Dynasty Book⁸, The Female Prince⁹ and Ten Golden Elixir¹⁰. Since literary works were banned at that time, I relished the opportunity to read every single one of them.

There was another teacher named Zhao Qihua, who possessed The Art of War¹ written by the DQFLHQW & KLQHVH ZULWHU DQ SOHDGHG ZLWK KLP WR OHQG F DQG DIWHUZDUGV , ZDV DEOH V during this time I was simultaneously reading literary classics and practicing calligraphy. Though all I had was a newspaper item to write my calligraphy, I was still able to improve my handwriting by simulating

WKH RWKHU SHRSOH¶V ZULWLQJ DURXQG PH DV WLPH ZHQW R

cohesive form of writing. In the end, this experience taught me that a learner must constantly be strict with himself and never give up on a skill in order to progress in it.

E: How did you become an Associate Professor at ECNU?

Z: In the beginning, my intention was not to apply for ECNU because I wanted to apply for the School of
for astrophysics at that time, I wanted to study it there. The idea of applying for ECNU came to fruition after I
became acquainted with Prof. Shi Ming at the Department of English at ECNU. He admitted me into DCL&L
the provincial competition prizes for my works Ode to Youth and
proud of my success to which I was so relieved and grateful of his encouragement through the process. That's
how I became a student of DCL&L at ECNU.

Of course, I was infatuated with reading and I spared no time so that I could read as many books as SRVVLEOH 0\ GHGLFDWLRQ DOORZHG PH WR ¿QLVK DOO RI WKH week of the semester, meanwhile I would read other books that I borrowed from the library to occupy the remaining time. Every day I would bring several books and just one bottle of water with me to the campus, DW ZKLFK WLPH , UHDG ERRNV IURP QLQH LQ WKH PRUQLQJ WR UHOXFDQW WR KHOS PH VLQFH , ZDV DOZD\ DVNLQJ WKHP WR fast that I often returned them within half an hour. This is because I only wanted to get an approximate idea of the books' content through skimming it, so by this strategy I was able to get an overall idea of what type of books were in the library in case I needed them for a later occasion. As time went by, the bookkeepers and DHEUQGHG VWDZDZDVGXDOO\ XQGHUVWRRG P\ PHWKRG VR WKH\ DOORZHG PH WR DFFHVV WKH OLEUDU\ DUFKLYHV WKDW ZHUH H[RWKHUZLVH LPSRVVLEOH WR DFFHVV IRU RUGLQDU\ VWXGHQWV ÀRRU LQFRJQLWR DQG WKHQ DOORZHG PH WR YROXQWDULO\ ZDO

With only two steamed buns for my lunch, I constantly read books every day from morning to afternoon. I was so grateful for one of the librarians, Miss Qiu, who helped me look up words from several dictionaries when I was compiling the Poem Postscripts Series, a project with Prof. Shi Zhecun. I went home approximately once a month, although my home was merely a few blocks away from the university. I told P\ PRWKHU WKDW , ZDV DW WKH SLQQDFOH RI P\ VWXG\ DQG V to complete the project. She often begged my elder brother to visit me on his bike, at which point I rode his ELNH EDFN KRPH WR VD\ KHOOR WR KHU QHYHUWKHOHVV ZLWK I university and hand it back over to my brother who was waiting there for my return. I was relentless with the ambition to concentrate all of my time and energy on reading.

7. How did you choose the kind of books you wanted to read?

WH Z: V\$ VZ R: UG/ WR U, ZR GQ T W K DYH D VROLG GLUHFWRQ DERXW KRZ
table of contents of every book and memorized the area in which the books were placed by the order of the
card catalogue. Though at this point I clearly had in mind three main ideas: I understood which books were
the most important for my research, I observed which materials I had heard about but never actually read, and
I knew which books I had no prior knowledge to before seeing them in the library. So the next time I needed

any book or materials from the library, I knew exactly where it was located.

E: How do you make your references list? Do you have any suggestions to students who are thinking about making their own list of references?

Z: When any particular book or article consistently appears on the reference lists of scholars from all academic areas, then every student should make it a point to read that reference and use it for their own research. The reference list is a vital tool for all students, especially for students at the undergraduate level, who are even taught a special course on how to utilize information from reference materials and how to select the sources that are most pertinent for their research objectives.

On the other hand, for postgraduate students I must thoroughly discuss their research ideas about any given topic, in order to observe their overall plan and thereby issue a proper reference accordingly.

E: What are some of the important insights that you have gained from your overall teaching career?

Z: Well, at the start I always begin my class with a cup of tea, then afterwards I just follow my heart and freely express myself to students. In regards to the teaching curriculum, I have to introspect several main ideas about the course content that includes each different versions of each poem, the relevance of the author's life experiences, and all of the other intangible features. I always think that as a result, I have some of the lowest credit scores among the other instructors in DCL&L. It was the style and structure of one poem, many other intangible emotions to teach as a university professor. It was obviously quite difficult for me to teach as a university professor. But it was a lot of time going over the details of the work that are not explicitly discussed in the course materials.

It has been often stated that before giving students a bottled-up For example, I can recite 300 poems of Xin Qiji's, some of which I would never mention in my class due to the lack of time to go over WKHP DOO LQ GHSWK, 2 UPO\ EHOLHY Second, I have any given poet, one of the basic fundamentals is that you must read the majority of that poet's work. Take the classic Chinese poet

Bu Fu—as an example, although there are only a few of his poems discussed in standard middle school

textbooks, any student or scholar who wants to understand Du Fu's poetry should read the entire

collection of his work. I would suggest them to read Anthology of Poetry by Du Fu, which contains more than 140 poems to supplement the selected materials from the course textbooks' information about his work.

E: Upon graduation, did you immediately begin to work as an instructor at ECNU?

Z: When I graduated from the university, China was undergoing a transformation that brought about a variety of complex circumstances.

It was one of the last group of students that was referred to as “candidate

students selected from workers, farmers, and soldiers.” I had different versions of each poem, the relevance of the author's life experiences, and all of the other intangible features. I always think that as a result, I have some of the lowest credit scores among the other instructors in DCL&L. It was the style and structure of one poem, many other intangible emotions to teach as a university professor. It was obviously quite difficult for me to teach as a university professor. But it was a lot of time going over the details of the work that are not explicitly

discussed in the course materials.

who recommended me to the

department and insisted that I stay

to teach for one year at the No.2

Second School Attached to East China Normal University. I have to express my utmost gratitude to Prof. Xu for remaining loyal and



granting me the opportunity to teach what I love.

E: Does poetry play any kind of practical role in your life?

Z: In retrospect, I must thank my teacher again for his bold courage to believe in me, always allowing me the freedom to be creative and to express myself with no boundaries. Because of Prof. Xu's teaching methods, I was able to learn the essence of prose and poetry on my own, establishing my own ideas and reasoning on poetry. Even though most of the students I lectured in the beginning

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Instructors who claim that
they are teaching under the
requirements of the entrance
examinations are simply
GLVSOD\ LQJ D VPRNH VFUHHQ WR
their students, so it is just a
subterfuge¹⁵

Spring Han:
An Adviser,
Instructor and
Friend in AEBS

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Spring Han

“ Now close your eyes and imagine what your own life would be after twenty years.” “I fancy that I am traveling with you on a ship at that time!” a French student answered, arousing abrupt laughter and applause from the audience.

This was during a lecture from the opening ceremony of the Asia Europe Business School (AEBS), where Professor Spring Han, one of the most popular instructors of AEBS evoked the students’ imaginations to ponder about the future. Professor Han stated that AEBS can be compared to a big family—where instructors DQG VWDu VWULYH WR DVVLVW VWXGHQWV LQ WKH SXUVXLW RI V depth look at Professor Han. Let’s learn more about her background and views on AEBS.

Teaching in AEBS

(&18 &LUFOH 7R VWDUW RXU LQWHUYLHZ FDQ \RX LQWURGXF between AEBS and other business schools?

Spring Han: \$(%6 LV D MRLQW YHQWXUH IXQGHHG E\ (DVW &KLQD 1F School of France. It was coordinated and implemented under the background of the New Silk Road extending from China to Europe, a path towards increased trade and business, to the effect of increasing mutual benefits for both sides of the Eurasian continent. At present, AEBS is in the process of training GLVWLQJXLVKHG JOREDO EXVLQHVV OHDGHUV DQG DPEDVVDGRUV

\$OO RI WKH PRVW DGYDQFHG FRQFHSWV LQ WKH ZRUOG KLV strategies of AEBS, where adept instructors from all over the globe are employed to carry on the AEBS mission. Our mission is to cultivate the students into global entrepreneurs for the future, therefore, we instruct our students according to the most reliable theoretical methods and practical applications from textbooks. This is to encourage AEBS students to be innovative in their approach to studying business.

E: What led to your decision to teach at AEBS? What’s your overall view on the AEBS program?
S: 7KH FRQFHSW RI \$(%6 ZDV IRUPXODWHG WR LQFUHDVH &KLQ RI DQ H[FKDQJH SURJUDP EHWZHHQ WZR SURPLQHQW LQVWLWXV (DVW &KLQD 1RUPDO 8QLYHUVLW\ , ZDV RULJLQDOO\ KLUHG E\ (was transferred from France to Shanghai for the AEBS at ECNU. I remember when I was researching about the AEBS program, I was informed that a part of the system permits students to study business for two years LQ &KLQD DQG DQRWKHU WZR \HDUV LQ)UDQH , WKLV FURV VWXGHQWV RI \$(%6 EHFDXVH LW DOORZV WKHP WR H[SORUH²RQ

Moreover, the AEBS program integrates the combination of French and Chinese education systems, so the class schedule and format are very unique compared to other standard business schools. For instance, at ECNU, the instructors are trained to teach the advantages of doing business in China and how Chinese EXVLQHVVPHQ DGDSW WR WKH HQYLURQPHQW \$W (P O\RQ 8QLY LQWURGXFH &KLQHVH VWXGHQWV WR WKH :HVWHUQ VW\OH RI FR knowledge about the European market and economy.

I believe that the AEBS program provides students with favorable circumstances—e.g. their opportunities to directly experience European and Chinese business culture increases their competitive advantage on the marketplace, thereby not only granting them with superior knowledge and skills about business methods and

practice, but challenging the students to utilize it for themselves in a proper setting.

E: What courses do you teach in AEBS? Can you share some of your teaching experiences with us?

S: , FXUUHQWO\ WHDFK WKUHH FRXUVHV DW \$(%6 ħHOG VWXG\ GDWD DQDO\VLV D ,Q ħHOG VWXG\ , WHDFK VWXGHQWV KRZ WR GHVLJQ SODQ DQG FRQGXFW PDUNHW UI their ideas to the public. In the future, our students will join the workforce of global companies so WKH\ PXVW EH SUHSDUHG WR ZRUN ZLWK D YDULHW\ RI SHRSOH WR VROYH UHOHYDQW example, every semester I require my students to conduct a survey arbitrarily, with a public stranger to encourage interaction with more common people. At the beginning of the semester, they are normally EDVKIXO QRQ LQWHUDFWLYH DQG LQGLUHQUW WR GRLQJ DQ\ RI WKH DVVLJQPHQWV ZLWK PH DQG WKH FODVV VWUXFWXUH 2QFH WKH\ RSHQ XS WR PH LQ WKH FODVVURI willingness to communicate. Later on in the semester, we also send our students to work directly with some of the local companies. I am so proud of them when I receive outstanding feedback about their collaboration, yet surprised by their rapid progress. I feel a strong sense of satisfaction when I witness the growth of my students via this course.

(:KDW DUH VRPH RI WKH PDLQ GLUHQUFHV EHWZHHQ \$(%6 VWXGHQWV DQG RWKHU taught in the past?

S: Most of the students in standard business schools learn about the basic knowledge of the business world, such as the operational and managerial aspects, but the Chinese education system is quite different from their American and European counterparts. It seems that the curriculum of business education in China doesn't concentrate on any of the fundamental aspects, which means they basically have no foundational knowledge about business. Despite this flaw, I have seen that our Chinese students endeavor to study hard, improve their weaknesses and learn independently—

DW DOO FRVWV 6XVFH WR VD\ WKDW HYHQ ZLWKRXW DQ\ RI WKH SUHFXUVRU\ NQRZO XOWLPDWHO\ SXVK IRUZDUG DV D UHVXOW RI WKHLU GLOLJHQW ZRUN HWKLF DQG FRQ\

E: Can you talk about an event or a particular student that left a lasting impression on you at AEBS?

S: Right now there are three international students in our class—American, French, and Moroccan, respectively. Since their Chinese classmates learn English to supplement their business OHDUQLQJ RXU WKUHH LQWHUQDWLRQDO VWXGHQWV DUH DOVR OHDUQLQJ &KLQHVH DQ DGYDQWDJHRXV VNLOO VHW IRU WKHP WR GHYHORS WKRVH ODQJXDJH DQG FXOWXI experiencing the authentic environment in Shanghai.

Notwithstanding the language skills, understanding how to present business ideas via public speaking has also been a big task for our students. A case in point was one of the Chinese students in AEBS, Ray, who struggled with making presentations at the beginning of the semester. He eventually sought my help and advice so I taught him how to utilize the three main points to an effective SUHVHQDWLRQ FRQILGHQH H\H FRQWDFW DQG YRLFH SURMHFWLRQ 7KURXJK KI improve, evidently he became a strong presenter. I was so glad that he came to me for help.

Working Around the World

E: Can you tell us about your overall feelings towards Shanghai?

JO PDUNHQWV DV I love living in Shanghai. I even created a nickname for this marvelous city—“Christmas City” due to its vibrant energy and VLOHQ\ SUHVW\ from my experiences of traveling in different parts of the world, I observed that people in Shanghai enjoy their life more compared with other cities. Perhaps it's because of all of the events going on, simultaneously, in the public areas, or the ODUJH VFDOH HYHQWV KHOG DQ example the Shanghai International Marathon and the Shanghai Lantern Fair (part of the Chinese Lantern Festival). :X KD\ Plus, it's very common to come across people dancing in parks and squares throughout WKH FLW\ D ZLGH UDQJH RI encompass all sorts of cultural cuisines, and people of all nationalities and culture living

WXGHQWV FDQ UQLQJ SDWWHUQV

QJ VLJQLħFDQWO\ ,WġV PHDQZKLOH GLUHFWO\

.VWHQW HIIRUWV WR

Of course, it is not that simple to become an educator to the degree of Anne Sullivan, therefore, it will be my longstanding goal to reach that level. I strive to improve myself every day, take on new tasks, meet new challenges, and search endlessly for the right solution to any problem. This never becomes dull for me because there are so many things happening in life now that I want to seize every moment to learn more.

E: Do you have some specific methods to teach students?

S: I prefer to teach students according to RE VHUYDWLRQDO H[SHULHQFHV DQG UHDO OLIH VFHQDULR (Air Bed and Breakfast). Being able to indulge in the amazing experiences of life, seeing a mix of sceneries and communicating with diverse individuals are crucial to the spirit of young people, especially around the age of early 20s. I also suggest learning more about eclectic cultures and applying something from them to one's own lifestyle. For instance, I acquired a new hobby during my time in Russia—ballet dancing which has become a very important part of my personal health. Ballet dancing helps me relax both mentally and physically. Traveling and learning more about diverse cultures can facilitate interaction with more people of the world, in which understanding more about the society they live in forms a base for communication.

and working together. So I often tell my friends and family abroad that I am living in the “Christmas city.” Life is never drab here!

E: Can you tell us about your study/working experience before coming to AEBS?

S: I have been very fortunate to travel around the world. I got my Ph.D. degree in South Korea. Afterwards, I traveled to the USA where I spent almost two years as a visiting professor/scholar at Michigan State University and Cornell University. After working in the USA, I took up a post at the Russian Research University for four years.

Apart from studying and teaching at universities, I have also collaborated on several research projects and engaged in other lines of work in South Korea—

L H PDUNHW UHVHDFK IRU VWDU KRWHO V DQG DV JRYHUQPHQW personnel to promote Seoul's sporting facilities.

E: What inspired you to become a university professor?

S: I decided to pursue a life as an educator after my university graduation. One of the main reasons I chose HGXFDWLRQ IRU P\ FDUHHU ZDV EHFDXVH , ¿UPO\ EHOLHYH LQ LWV power—to propel anyone to success through knowledge and practice. A supreme example is Hellen Keller's teacher, Anne Sullivan, who taught her how to read and write, albeit her unfavorable circumstances (Helen Keller was blind, deaf, and mute).

Suggestions to Students

E: Do you have any suggestions for AEBS students who are facing the widespread trend of globalization?

S:)LUVWO\ LW LV LPSRUWDQW WR EH be reluctant to express creative ideas. Trust in yourself that people want to hear your opinions and be confident that it will make a GLUHGHQFH ,I\RX KDYH D JRDO RU GUHD take every chance to pursue it to the end, which means you will need to learn all of the fundamental errors. Don't be afraid to make mistakes.

Second, please try to travel as much as possible, either in &KLQD RU DURXQG GLUHGHQW FRXQWULH to have lots of money since you can live in a hostU \$LU %Q (Air Bed and Breakfast). Being able to indulge in the amazing experiences of life, seeing a mix of sceneries and communicating with diverse individuals are crucial to the spirit of young people, especially around the age of early 20s. I also suggest learning more about eclectic cultures and applying something from them to one's own lifestyle. For instance, I acquired a new hobby during my time in Russia—ballet dancing which has become a very important part of my personal health. Ballet dancing helps me relax both mentally and physically. Traveling and learning more about diverse cultures can facilitate interaction with more people of the world, in which understanding more about the society they live in forms a base for communication.

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Spark Your Life with Debate

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Shan Tianying

He Yangdong

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Xue Yinshen

Liu Yi

ECNU CIRCLE: What brought about your interest in debate?

TKH (&18 GHEDWH WHDP ZRQ WKH ÀUVW SODFH LQ WKH)XWXUH 7DON GHEDWH WHDPV DURXQG &KLQD ZDV RUJDQLJHG E\ 7HFKQRORJ\ &RPPLVVLRQ DQG 6KDQJKDL 79 1HZV &KDQJH O\ ECNU'V GHEDWH WHDP ZDV PDGH XS RI VWXGHQJ GHSDUWPHQWV LQFOXGLQJ +H <DQJGRQJ IURP (QJO;LWK <L IURP WKH 'HSDUWPHQW WKH 'HSDUWPHQW &KLQHVH /DQJH <LQVKHQ IURP WKH 6FKRRO RI DQG &RJQLWLYH 6FLHQFH TKH VTXDPRWWR ZDV SOD\HG FOHDDQG SOD\HG XS WR WKHLU FKDOOHQJHV E\ RSWLPLVP

He Yangdong: I saw a recruitment post at my school about the debate club's recruiting procedures for locating new talents. Then I decided to sign up. In the following years of my high school, however, I became president of the Student Union which left me little time for debate. As time was passing by, I sensed that I was losing my passion and energy for debate. There was a turning point during my freshman year at ECNU—a decisive transfer—to the Department of English. I was encouraged to join the debate team and compete at the collegiate level. I thought to myself: "Why not go in for it with all I've got?" I joined the debate club. I decided to refine the skill at the university level, whereupon, I expected to encounter a more time to improving my debate skills.

Chen Rongyue: I was at the Department of Chinese Language at ECNU when I learned that they were recruiting new members. I immediately signed up as a freshman. After several competitions and trials, I realized my talent for formulating rhetoric and I decided to join the debate club. I decided to refine the skill at the university level, whereupon, I expected to encounter a more time to improving my debate skills.

Liu Yi: The debate club was one of the most popular club activities in my high school, known for its exceptional resources and eloquent debaters. I was intrigued by its reputation as an elite program, so I decided to join the debate club. I decided to refine the skill at the university level, whereupon, I expected to encounter a more time to improving my debate skills.

debate when I reached high school—at which point—I also lost my first debate. Although I had failed in the first attempt, there were evident improvements with each competition. I participated in many debates throughout my high school period. I even took part in several debates during the summer time, of which my team won one of the prominent tournaments.

E: What were some of the most pressing issues for the squad during the Future Talk debate? How did the team prepare for the challenges? How were the feelings of the members during those moments?

H: The most difficult question to reason against was the final topic: “Is humanity evolving or deteriorating?” I had to do a lot of deep research and learn new technical jargon about certain biological processes, genes, DNA codes, etc. Faced with this new task of knowledge acquisition, I came to the conclusion that I had to make the best use of my time. Even if I would sometimes feel that my brain was not functioning properly because of fatigue, I would try to review and recite my script works. Looking back on that experience, I am especially grateful to my teammates for their tolerance. They were always

Municipal Competition. After winning my first championship, I felt like I had achieved a sense of purpose to debate, UHÀHFWLQJ DOO RI WKH KDUG ZRUN , the for encouragement and support. Most importantly, I believe that it serves as a way for me to stay active, inspire myself, and prove that the art of debate is all about excitement.

L: The toughest contest for me came during the second round of Future Talk. We were GHIHQGLQJ WKH DvUWKWL DHU V X O H Q W the topic: “Should human beings take the initiative to explore aliens in space?” WDKML DHU V X O H Q W would have wasted all of our time for one side of the defense. S: The most difficult problem was managing time V L Q F H W K H I L Q D O D Q G V H P H U L Q D O were held on the same day, not to mention the knowledge required for each debate was far beyond our scope of expertise.

We got so tied during the during the preparation that even the idea of giving up would occur to us from time to time. Luckily, we had each other for encouragement and support. After all, we knew that we were in the battle together—to win or lose—we were united. Finally, we made it through.

C: One of the collective problems we faced

E: Were there any apparent frictions between you and your team members? Were there any memorable moments that you can share with us?

The distribution of work for the debate also demanded an appropriate schedule format, acknowledging H D F K W H D P P H P E H U I V U R O H I R U W K H G H E D W H) R U L Q V W D Q F H of the other members were responsible for summarization, refutation, etc. It was our duty to prepare the individual work in advance of the debate. I felt that it was necessary to spontaneously ask questions. On some occasions, I was also the one who asked the most questions. The companionship of my teammates was very important to me during the preparational stages of the debate. I felt like I was overworking myself most of the time. I don’t know if I could have survived it without them.

was applying theoretical concepts, because we were not familiar with theories in this field. We also had to learn how to evaluate the strengths and weaknesses of the opposing team, even though in the beginning the tact of our opponents seemed À D Z O H V V

This made the entire preparation process extremely painstaking. We had to continuously remind each other of the defining truths of debate practice: there’s no time to be nervous or feel pressured to speak during the midst of the competition.

X: 7KH)XWXUH UHTXLUHG VFLHQ materials. The team’s knowledge about physics was an immediate problem so our task was to become new experts on physics, astronomy and thermodynamics.

We consulted our teachers, searched for massive electronic sources and researched endlessly IRU HYHU\ VFLHQWL¿F WKHRU\ L C knowledge base. It was very rewarding to see that we had achieved this target once the work was FRPSOHWHG :H ZHUH ¿QDOO\ UHD

H: A big advantage to our team was that we all had very different backgrounds and shared unique personalities. Furthermore, we were already familiar with each other’s personalities since we had worked together before. I don’t recall any major

L: :H ZHUH YHU\ IDPLOLDU ZLWK HDFK RWKHU DQG FROODERUDWHG HvF. I hope that with the team members will persist our passion for debate. The spirit of delving into any , GRQ\W UHFDOO DQ\ PDMRU FRQÀLFWV EHWZHHQ XV :H XQGHUVWRRG topic, developing the skills of inquiry and reasoning is essential to interpersonal communication. Debate DELOLW\ W. We naturally attracted because we all shared a common objective: debate champions. side couldn't persuade me to ignore the inevitable issues of dealing with artificial intelligence. Then we discussed each side thoroughly, which played to our advantage when we were facing our opponents. At this point, our friendship had become even stronger.

C: 7KHUH ZHUHQ\W DQ\ FRQÀLFWV EHWZHHQ XV EHFDXVH ZH NQHZ KRX. We had nearly lost all of our momentum nearing the date of the actual competition. exciting moments. For example, we had nearly lost all of our momentum nearing the date of the actual competition.

Every night, we stayed up late into early morning hours and sometimes just laid on the ground for a brief rest. But even in that condition, an irreverent comment would always spawn a refreshing laughter. It was just the spark we needed to get back on track for the breakthrough moments of our preparation.

X: Arguments among the group were inevitable. We had to sort out each other's ideas through a series of discussions to choose a most plausible resolution. We spent six to seven hours in the discussion room every day. We also occasionally went to McDonald's and stayed there until the next morning talking about the debate or just idly chatting.

We enjoyed the whole process and always found a way to relax with each other. It was the wonderful companionship of my teammates that made the experience so fruitful. Indeed, this is one of the most exciting things about debate.

E: What kind of expectations do you have for the future, now that you have attained your goals as the debate champions?

H: Winning the eighth championship title of my debating career proves that I can debate with the best of them. I am to the people who encouraged me along the way, especially my teammates, whose support was indispensable to the championship win.

This July, I will take part in the Student Debate Competition in Taiwan where I will represent ECNU. I expect to leave the debate team after graduating from the master's program, yet I hope that my contribution to the debate team will help it become more popular for the upcoming generations of students.

L: I have two expectations for our debate team. Firstly, I hope that we can have more opportunities to participate in competitions internationally. I know that our resources and talent are adequate to give us a chance to expand!

Secondly, I hope that we can further improve our training methods by applying a proper balance to combine basic, intensive and team training. I feel WKDW WKLV FDQ VLJQL¿FDQWO\ LPSURYH D GHEDWH WHDP\ V overall strategy.

S: I hope that with the team members will persist our passion for debate. The spirit of delving into any topic, developing the skills of inquiry and reasoning is essential to interpersonal communication. Debate has taught me how to utilize those skills for every day life, especially in practical communication.

C: The debate school team was founded ten years ago. I hope that it will improve in the future, achieving remarkable results for China's debate programs throughout the country. Then, if we can move on to more national competitions we can represent ECNU around the entire country.

X: We have participated in competitions at eight universities, for instance. I hope that we can participate in more national competitions at an even larger scale to achieve higher rankings.

The World Chinese Debate Championships held in Nanjing Audit University is a very notable tournament in China. Debate teams from hundreds of Chinese universities go there to compete. I hope that one day the ECNU debate team can enter this competition and win the prize. Let's raise the bar!



E: What is the most fascinating part of debate?

H: I love using my critical thinking skills to form rhetoric. The art of debate challenges myself to take more risks and be more active when confronted

with an ambiguous question. Meanwhile, the whole process is conducive to making new friends and working with teammates.

For example, the nights that we spent together in the hotel room blended into debate format. The whole process, indeed, was a spark of my life—those special moments will remain with me forever.

L: Debate is antagonistic, forcing the individuals to break away from original cognitive patterns to enhance critical thinking. Debate is also frustrating at times, when you have to defend a thesis that you don't agree with or lack the proper evidence to verify the results.

I feel that conquering this frustration nurtures one's potential to break through the boundaries of preordained thought, a result that spawns from the magic of language and logic.

S: I believe that the art of debate fosters the development of critical thinking skills that are necessary to act in everyday life. It conveys that there is no absolute right or wrong to any question. In pursuit of the

C: I sincerely enjoy the process of debate competition, especially for beginners. The because it encourages me to think of my own ideas factors of rationality, theory and logic also play about a problem, then I can share it with others defining roles for more experienced debaters who ZKLFK DOZD\ V OH DGV WR WKH can expand their rhetoric defense strategies D Q G consensus patterns of the debate. One of the aspects of debate that fascinates me I believe that one way to defeat an opponent is to the most is unfolding the skills from my liberal arts argue against your own teammates, learning each FRXUVHV FRPELQLQJ LW ZLWK VFLHQWL¿F DQDO\VLV WKHQ other's methods to a problem may be a clue to how putting together a form of rhetoric that allows me to the opponents react to a defense. outperform the debaters inclined to one side.

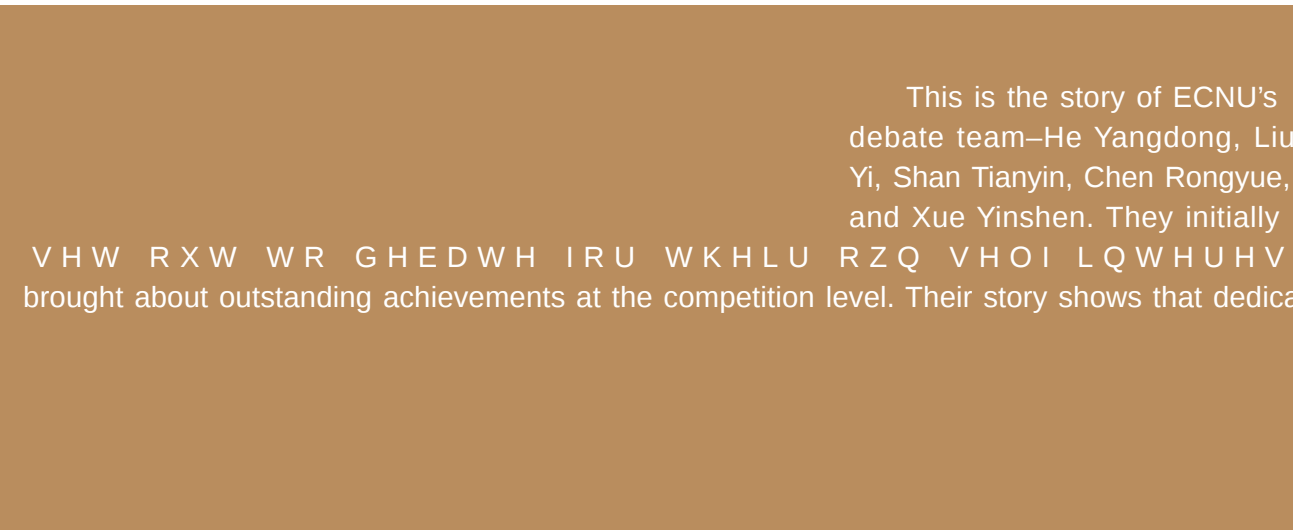
X The four main points to a debate are: induction, judgment, attack and defense. Those four main points are crucial when preparing for any



E: Will debate still be a part of your future life?

H: Debating has made me a better individual. It taught me how to listen to other people's opinion whether I agree or disagree. I also wish that I could pass on my love for debate to more people around me. I am currently working as a teacher in Shanghai Shi Xi High School, concurrently as a leader of the school's debate team. I hope that I can guide my students into a broader world where debate is conducive to their goals.

L: My career path will be related to law and order. I believe that debate can improve my logical thinking, language organization, and critical thinking skills. With those ideas in mind, I think that debate



1. intrigued: adj. - w, É>ÚF' •,´
2. rhetoric: n. EÎ – ÈÈÙAê#
3. tournament: nKV 7C<
4. segment: nG 6
5. truism: n8 > {*6
6. friction: n. ™
7. L Q V\Q# D G Y
8. irreverent: adj.= œ,´ È /l,´
9. inquisition: n.B3 È Ò0¡
10. spawn from\$À ¾
11. bashful: adj5Î _´ È (Y,´

Love and Music

——Viva Singers Choir

· È » M 9 5¼5F ÈQ 'a

Youthful and passionate, there is such a team in East China Normal University that pursues the purest beauty in music. It is VIVA Singers Choir who uses music to inherit culture and realize themselves.

Viva Singers Choir was founded by Yu Jin'an, postgraduate student of the ECNU Music Education Department. Yu devotes himself to adapting and presenting classical music works. He hopes that more people can appreciate the charm of chorus singing and A Cappella. Although founded for only two years, the choir has held many concerts and public performances, presenting classical and original works of GLuHUHQW VW\OHV

Viva Singers Choir specializes in playing works that contain Shanghai regional culture. In June 2016, the choir held Shanghai Celebrities Concert. Many classical Shanghai music pieces were presented in Shanghai dialect. Yu considers the meaning of inheriting Shanghai regional culture is to record and preserve culture. Yu said, "I am a native Shanghaiese. I have witnessed the transition of Shanghai culture in the last decades. I love to observe life since I was a child. I enjoy watching rain drops patting the ZLQGRZ HGJH , SRQGHU KRZ GRUPHUV Z watching sunlight through the glass. QWR URR I WKURXJK WKH JODVVHV DQG ¿QDOO\ FDVW RQ PH ´ 7KHVH VLPSON compose Shanghai regional culture. Yu wants to lead members of Viva Singers choir to fully feel the life, to study the Shanghai history, and to sing songs that have been endowed with the meaning of regional culture.

At the same time, Viva Singers devote itself to public activities. They want to popularize classical music and chorus singing. In December 2016, Viva Singers held a Christmas performance in Dañua Hotel

and presented many classical Christmas songs. This activity was widely commended and was reported by multiple media like Star and Metro Express. Moreover, Viva Singers Choir often hold music festivals together. Viva Singers Choir hopes that it can teach those children to feel the charm of music from nature and life.

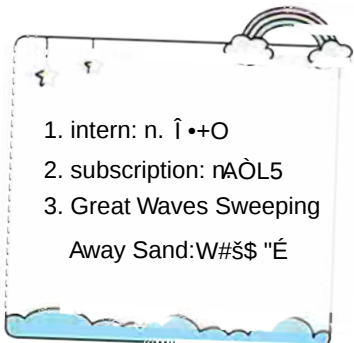
The choir also faced many difficulties at the very first beginning. Leader Jin Xiaoxiao, who is in charge of team management, mentioned that in the beginning the team always had clear objectives and plans. All the members fought for the same goal. Now Viva Singers has separate sections and every member has their own responsibility. Obviously, management of the choir is growing better.

Members of Viva Singers choir are from all walks of life, so learning professional singing techniques is a challenge for them. But Yu thinks it's actually no big deal. Yu VDLG ³:KDW PHPEHUV KDYH H[SHULHQFHG FDQ UHÀHFW LQ WKHLU singing every note on the music score, but also about expressing their own feelings and thoughts through music. This ability is based on their experience." So their abundant life experience enables them to show great perception. Members can also get more experiences from life by communicating with each other.

Viva Singers Choir is now preparing for a concert on the theme of Renaissance. Singers hope that they can calm down and appreciate tiny but vivid beauties in this fast pace modern life. In the future, Viva Singers will stick to the popularization of Shanghai regional culture and try to step onto the international stage, thus letting the world appreciate the ingemg charm of Shanghai culture. Viva Singers has brought Viva Singers countless possibilities. Viva Singers will continue to move forward in the journey of inheriting culture and pursuing beauty. Yu illustrates the theme of Viva Singers—love and music—with a quote from a famous novel Three-Body Problem, "We try to endow life with civilization." Yu says, "Love and music, love and music only."

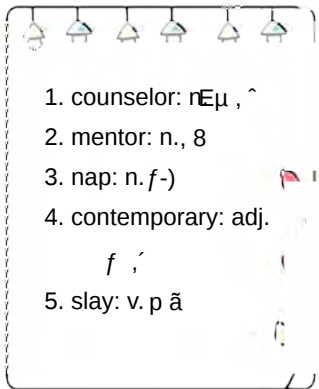
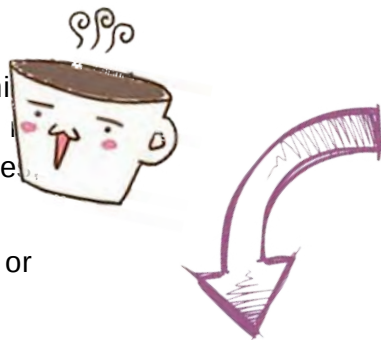


A Day in the Life of a College Student



Wang Jing

Major	Human Resources Management
Work Experience	Intern ¹ at Unilever and Aon Hewitt (Fortune 500)
Academic Awards	1DWLRQDO 6FKRODUVKLS (& 18 ¶V 7RS 7HQ)HPDOH &ROOHJH 6WXGHQWV
7:30:	WOKE UP to some articles from my subscription ² OLVW ² \$OOLDQFH 3.8 &KH XQJ .RQJ *UDGXDW H 6FKRRO RI %XVLQHVV *UHDW :DYHVDQZGHSLQJ \$ZD\ 6DQG Information on Wall Street.
8:00:	WENT to my current internship position. I worked a KDOI GD\ DQG ZKHQ , ZDVQ¶W EXV\ VWXGHQJ RU my favorite radio broadcast station ³ Logical Thinking
13:00:	1\$3 7,0(
13:40:	READ some updated information about the morning news and recorded the relevant information onto a notepad. Afterwards, I did some of my own activities such as practiced Xiao Zhuan for half an hour.
19:30:	OUTSIDE JOG while listening to English, music, or broadcast radio on my headphones.
21:00:	AT MY desk, I read my school materials and took notes for half an hour.
22:00:	ONLINE NEWS website—China Business Network— keeps me up to date on current news and global business trends. I recorded data and other pertinent details, and then reviewed my notes.
22:30:	SWITCHED to streaming after reading online news. I watched some of my favorite videos and online programs.
23:30:	BEDTIME. GOODNIGHT.

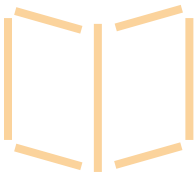


Fang Chao

Major	Economics
Planned Study	Postgraduate program at Zhe Jiang University in fall 2017
Awards	6SHFLDO 6FKRODUVKLS 1DWLRQDO 6FKRODUVKLS
7:00:	GOT UP and washed my face.
7:30:	21 0< FRPSXWHU EURZVHG KLJK VFKRRO FODVVPDV from China Newsweek, Vista Story, and Chinese National Geography. I also checked out some sports blogs from CCTV5, Real Madrid News, and Sina Sports.
8:00:	% 5 (\$.)\$67 7,0(DW WKH VFKRRO FDIHWHULD 0\ ID Preserved steamed bun with brown sugar.
8:30:	CHECKED MY email account and read more news about Google, finance, national DQG LQWHUQDWLRQDO DuDLUV +RQJ .RQJ DQG 7DL Information on Wall Street.
9:00:	BEGAN TO read books on the Humanities and Social Sciences, such as Earthbound China, Reform and Its Future and Being Logical
9:30:	21 7+(¿IWK ÀRRU RI 12 7HDFKLQJ %XLOGLOQJ , V VHOI VWXG\ URRP , UH DG DFDGHPLF SDSHUV WR Then, I recited English words and practiced my oral English before I went to assist my counselor ¹ and mentor ² with some preparatory work.
11:15:	LUNCH TIME at the Hua Min Canteen.
12:30:	CHATTED with friends, watched talk shows (Behind The Headlines With Wentao, Morning Call, Xiaosong Talk Show) and then took a ³ nap
13:30:	TIME FOR the seminar held by my economics tutor.
16:50:	DINNER TIME at the Hua Min Canteen. I bought a bottle of yogurt from the Hua Min store after having dinner.
17:30:	WATCHED talk shows, relaxed in my room, and chatted with my friends online.
18:30:	CONTINUED with my study and work. Prepared for tomorrow's lessons and other assignments.
21:00:	(; (5 & , 6 (2 MRJ JLQJ VLV XS V VWUHWFKLQJ URXLWLQH arts novels like Heavenly Sword Dragon Slaying Saber
21:40:	RETURNED HOME, listened to the radio (CNR night news), and chatted with my IULHQGV RQ :H&KDW ZKLOH ZHUH ZVLQJ PLFUR EORJ Paradise Lost and White Night
22:00:	LAI DOW N on my bed, read contemporary novels like White Deer Plain PDUWL arts novels like Heavenly Sword Dragon Slaying Saber DQG -DSDQHVVH Q Paradise Lost and White Night

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6KDSHV WKH :D\ <RX 5HDG

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& R I R X Q G H G
by ECNU and the
Commercial Press
the Hanfen Reading
Center opened on 8th
November, 2016. Tong
Shijun, secretary of the
Communist Party in
ECNU, and Professor Yu
Dianli, general manager
of the Commercial Press

attended the ribbon cutting ceremony and made speeches about reading and the Hanfen reading center. After the ceremony, Professor Yu gave a lecture about the history of the Commercial Press and the growth of modern Chinese culture. The Hanfen Reading Center is named after the “Hanfen” Library owned by the Commercial Press in the early 1900s. The Chinese characters word “Hanfen” means absorbing abundant knowledge, perfectly conveying the theme of our reading center, which is guiding undergraduates

ECNU Circle journalists attended the opening ceremony and had interviews with Professor Yu Dianli, deputy minister of ECNU propaganda department Fang Jinqi and chief of ECNU Publishing Press Wang Zhen.

In the interviews, Professor Yu described the important role the Hanfen Reading Centre is playing in guiding students to choose the classics and academic books. He said, “Traditionally, students had little choice in book selecting.

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BOMJ

because of the development of online shopping, while the fortune of electronic books had risen dramatically because the electronic devices stimulating readers seem more appealing. However, reading is not only for acquiring knowledge, but also is a way to improve our thinking ability. And the excessive use of electronic devices is actually undermining people's thinking ability. For example, Nietzsche once said, "If a person's interest is based on stimulation then that interest won't last long." Reading is likewise. If we always need stimulations from electronic devices, then the interest in reading won't last long either.

However, students are confused in selecting books when faced with much more choices than before.

1RZDGD\ V WKRXVDQG ERRNV DUH SXEOLVKHG
DQG WKRXVDQG ERRNV DUH RQ VDOH HYHU\

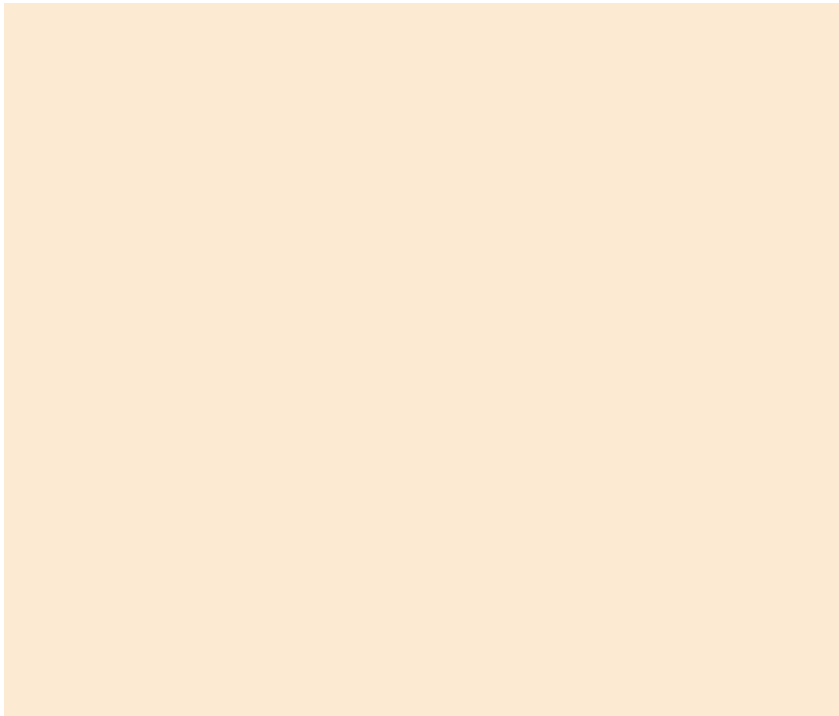
year. In this situation, the Hanfen Reading Center will hold reading activities to share reading experiences among students. In this way, students will learn how to read and how to choose books."

And as chief Wang said in the interview, compared to bookstores, the Hanfen Reading Center is more a place for reading and sharing and will make reading more enjoyable. The fortune of printed books had come about in the past years

To cultivate reading interests and promote reading paper books, the Hanfen Reading will serve as a reading center sharing multiple reading skills. "Since the Hanfen Reading Center is located on the ECNU Minhang campus, the selecting of books are quiet special for students here," Minister Jinqi Fang said in the interview, "The types of books in the reading center are different from that in other bookstores. The books here are suitable for college students to read, considering their academic values and practicability."

The first factor considered in selecting books is their academic value. The Han Fen reading center

recommends the most leading academic books to we look back at the history of human civilization students, hoping that they can improve their learning development,” Yu said, “we will find that reading through reading. The second factor is related to was a more decent and luxuri¹⁰experience. At culture. Professor Yu stressed the importance of the beginning, when characters were invented and reading cultural books. He mentioned that not all knowledge was spread, knowledge was exclusive



knowledge is cultural. So what students read in to intellectuals. For example, before 1900, only their college years means a lot to them in the future. the upper class read. Fortunately, the Renaissance After all, it is what they read outside the class that brought about the spread of knowledge and more makes them more competitive. The third factor universities and colleges help the lower class learn. is to choose a book being highly recommended. For us, if we don't read, we cannot catch up with Nowadays, there are many versions of books about the western countries. However, cultivating reading popular topics, and the reading center will choose habits needs a good environment. What's more, the the most highly recommended ones to its readers. good books you feel interested in really matters. + D Q I H Q L V F R I R X Q G H G They can attract students and after opening Commercial Press. Professor Yu said that the the books, you are reluctant to leave.” main aim of Hanfen is to serve ECNUers, to share 7 K H F H Q W H U K D V F R P H D F U R V V D O R W R I G L capital turnover # q Ece reading, and to inspire students so that they can through the process of its founding. In the Internet conscientiously read good books and learn. “If era, the sale of brick and mortar bookstores has



greatly decreased, so the reading center, operating as a bookstore, is faced with the problem of capital turnover.¹² “Luckily, the university supports the establishment of the center,” said Professor Yu,“ A I L U V W F O D V V F R O O H J H V K R X O G E ǐ U V W F O D V V O L E U D U \ D Q G D ǐ U V V they could support each other. A library, as the heart and the soul of a college, collects books. On the other hand, a bookstore sells more newly updated books. The two provide the students with multiple reading choices.” At the end of the interview, Professor Yu R u H U H G V H Y H U D O V X J J H V W L R Q V students. He said that the reading skills matter P R V W L Q U H D G L Q J ' L u H U H Q W V X reading methods. Besides, you should read with a purpose. The president of Yale once said the most important thing while you studying in college was to understand why to learn. What's more, no matter how advanced the knowledge is, if it is not used to serve our nation and the world, it would be meaningless. Our students should take responsibility for the country and the society.

1. The Hanfen Reading Center 1. The Hanfen Reading Center

2. the Commercial Press 2. the Commercial Press

3. secretary of the Communist Party 3. secretary of the Communist Party

4. general manager of the Commercial Press 4. general manager of the Commercial Press

5. deputy minister of ECNU propaganda department 5. deputy minister of ECNU propaganda department

6. chief of ECNU Publishing Press 6. chief of ECNU Publishing Press

7. Nietzsche 7. Nietzsche

8. practicability 8. practicability

9. conscientiously 9. conscientiously

10. luxurious 10. luxurious

11. brick and mortar 11. brick and mortar

12. capital turnover 12. capital turnover

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9. conscientiously

10. luxurious

11. brick and mortar

12. capital turnover

The Downsides of Stereotypes

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“The Stereotype of Stereotypes”URP %UXFH %RZHU VWDQGV LQ DORQJ WKH RSLQL Second, stereotypes generate racial discrimination. When racists talk about African Americans, they always describe them as naïve and aggressive people. In truth, there are many educated and outgoing people for understanding other cultures and enable people to deal with so much information in a world with which they are often unfamiliar. The passage, which contains the positive attitudes towards stereotypes, also sheds lights on negative opinions that stereotypes are invalid, biased and stigmatized beliefs about other groups and objects.

From my perspective, although stereotypes may be useful in understanding others and beneficial to social groups, as well as the individuals who belong to them.

Firstly, stereotypes simplify cognition. From some typical stereotypes, we could know that people tend to essential information that it has caused various misunderstandings of others and ourselves. In our daily life, we may meet a lot of comments on websites from some foreigners, as China is a poor country, where people In contemporary China, we have entered a moderately prosperous society rather than a poor and backward society.

Secondly, stereotypes generate racial discrimination. When racists talk about African Americans, they always describe them as naïve and aggressive people. In truth, there are many educated and outgoing people for understanding other cultures and enable people to deal with so much information in a world with which they are often unfamiliar. The passage, which contains the positive attitudes towards stereotypes, also sheds lights on negative opinions that stereotypes are invalid, biased and stigmatized beliefs about other groups and objects.

Last but not least, stereotypes bring about sexual oppression. In the realm of family, oppression and discrimination are easily generated. A common stereotype is that men should earn money and support families, women and makes them possessions of men. From the view of feminism, women should work as equal to men for which they have capacity of earning money and supporting families. Different from the situation of some eastern countries, in some western countries, the roles and responsibilities of women and men have completely reversed, as women go to work and men stay at home. Women won't be liberated from sexual oppression if we get rid of stereotypes of gender. core of truth, they will result in racial discrimination and sexual oppression, which will set back the trend of making men and women equal. I am inclined to criticize those stereotypes related to social inequality.

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The Downsides OF Stereotypes



Nature

Henry David Thoreau

O Nature! I do not aspire
To be the highest in thy choir,
To be a meteóin thy sky,
Or comet? WKDW PD\ UDQJH RQ KLJH
Only a zephyr that may blow
\$PRQJ WKH UHHGV E\ WKH ULVH
Give me thy most privy place
Where to run my airy race.

In some withdrawn, unpublic mead
Let me sigh upon a reed,
Or in the woods, with leafy din,
Whisper the still evening in:
Some still work give me to do,
Only—be it near to you!

For I'd rather be thy child
And pupil, in the forest wild,
Than be the king of men elsewhere,
\$QG PRVW VRYHUHLJQ VODYH
To have one moment of thy dawn,
Than share the city's year forlórñ

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Henry David Thoreau was an American author, poet, philosopher, abolitionist, naturalist, tax resister, development critic, surveyor, historian, and leading transcendentalist. He is best known for his book *Walden*, a reflection upon simple living in natural surroundings, and his essay *Civil Disobedience*, an argument for individual resistance to civil government in moral opposition to an unjust state.

Thoreau's books, articles, essays, journals, and poetry total over 20 volumes. Among his lasting contributions were his writings on natural history and philosophy, where he anticipated the methods of modern day environmentalism. His literary style interweaves close natural observation, personal experience, pointed rhetoric, symbolic meanings, and historical lore, while displaying a poetic sensibility, philosophical austerity, and "Yankee" love of practical detail. He was also deeply interested in the idea of survival in the face of hostile elements, historical change, and natural waste and illusion in order to discover life's true essential needs.

HQYLURQPHQWDO KLVWRU\

- 1. meteor: n.@ '
- 2. comet: n.‡ O
- 3. zephyr: n.¼Np È?~Np
- 4. forlorn: adj.>ÜF‡ 3, ' È ") , '
- 5. transcendentalist: CµC°Aê65, ' È xP¼Aê65, '
- 6. Walden: n.É+ D,«\$† È È Ý5‡, ' D\$†ERFDWHG DEDQGRQLQJ
- 7. Yankee: n5¾ - œ È5¾ - ê

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Fantastic Music in Wonderful Movies



"City of Stars" La La Land
2016

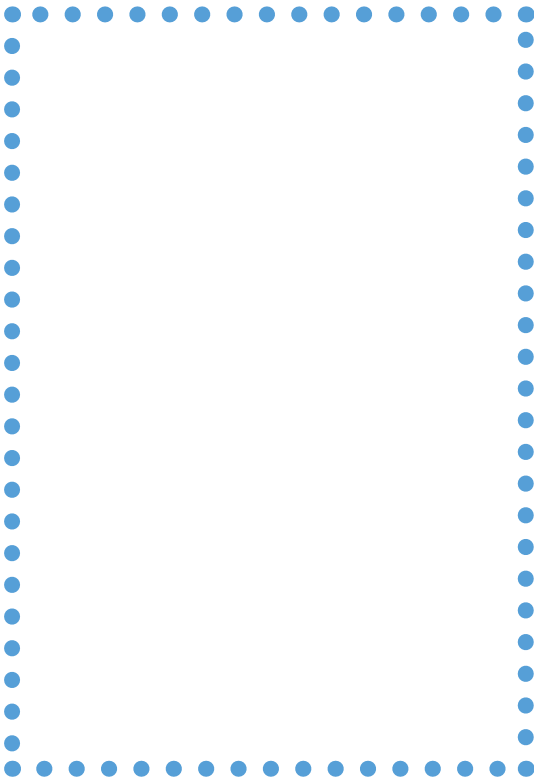
La La Land is a 2016 American romantic musical written and directed by Damien Chazelle, starring Ryan Gosling as a musician and Emma Stone as an aspiring actress who meet and fall in love in Los Angeles. The title of the movie refers to both the city of Los Angeles and the idiom for being out of touch with reality.

There are many breathtaking songs in La La Land, for example, "Another Day of Sun," "Epilogue," and "City of Stars." "... A rush. A glance. A touch. A dance. To look in somebody's eyes. To light up the skies. To open the world and send them reeling..." When listening to

this romantic tune, we can almost feel the sweetness between Mia and Sebastian as if we are watching them looking into each other's eyes, using their voices to

This tune is also used in the music epilogue when Sebastian imagines what may have happened if he and Mia had a nice ending. This is the most moving scene of the whole film. As Sebastian notices Mia in the crowd, he plays their love theme. Before Mia leaves with her husband, she shares a relieved smile with Sebastian.

Although there are regrets in Mia and Sebastian's love story, the beauty of their love has been sealed into all of these songs, shining like stars.



"Playing Love"—The Legend of 1900 1998

The Legend of 1900 is a 1998 Italian drama movie directed by Giuseppe Tornatore, starring Tim Roth, Pruitt Taylor Vince and Mélanie Thierry. The movie is inspired by a monologue created by Alessandro Baricco.

1900 is an orphan. For many years, he travels back and forth across the Atlantic, keeping a low profile. The boy shows a particular gift for music and eventually grows up and joins the ship's orchestra. He has never left the vessel in his lifetime. Apparently, the outside world is too "big" for his imagination. The ship is 1900 refuses to leave the ship because he believes that his fate is tied to the ship.

The Legend of 1900 can't be viewed as a tragedy because it is actually the best ending for 1900. Born on the ship and dying on the ship, 1900 has found his place of belonging.

His life is full of perseverance, with incessant pursuit of music and peace. We can see his whole life through the "Playing Love." The tune is active but a slower but steady rhythm and becoming completely peaceful at last, just like 1900's life: gorgeousbut unstable at

"With These Hands"—Edward Scissorhands 1990

Edward Scissorhands is a 1990 American fantasy movie directed by Tim Burton and written by Caroline Thompson from a story by Tim Burton and Caroline Thompson, starring Johnny Depp as Edward, a young man who has scissor blades instead of hands. The young man is taken home by a suburban housewife Peg and falls in love with her teenage daughter Kim. This love story ends in tragedy.

People who have seen this movie must remember its impressive ending. The elderly woman finishes telling her granddaughter the story, revealing that she is Kim and saying that she had never seen Edward again. She prefers not to visit him because decades have passed and she wants him to remember her as she was in her youth. She thinks that Edward is still alive because of the "snow" which Edward creates by carving ice sculptures that scatter all over the neighborhood.

All the romantic feelings are included in the song "With These Hands." With these hands, maybe I cannot hug you, but I can love you.

As time goes by, many details from these movies may be forgotten, but there are always several songs that will come into our mind or slip to the tip of our tongue. We can forever remember the most beautiful feelings of the stories when hearing such wonderful music.

1. gorgeous adj. ~ m, f
2. scatter v. "0
3. VQRZÀD M 86

On the Field, We Are One

—The Championship Story of the ECNU International Students Football Club

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5IF MFGUNPTU QMBZFS JT "OEZ :BO

ECNU Circle: Congratulations on the
championship victory! Can you briefly tell us
something about the players of ECNU ISFC?

Andy Yan :Thank you very much for interviewing
me! I am very glad to share some information with
you about the team. The team consists of the most
WDOHQWHG VWXGHQW DWKOHWHV IURP WKH LQWHUQDWLRQ
student body of ECNU. Our team captain, Victor
Cedric, is from Kenya and has been studying at
ECNU for several years now. He's always the
man in charge of the ISFC—coordinating practice
and team meetings, leading the discussion about
RXU LGHDV WKURXJK WKH WHDPV :H &KDW JURXS DQG
DOZDV PDNLQJ VXUH WKH WHDP LV LQ VHQF
any of the matches. One of the first decisions
we made as a team was to select the most likely
candidate to represent our team captain. It was no
surprise, that the majority of the team members
YRWHG IRU &HGULF ZLWK PH DV D UXQQHU XS ISIDRÀ0

one of the teammates who always worked to keep
HYHU\RQH UHOD[HG DQG FRQ¿GHQW +H ZDV YHU\ JR RG
at bringing up interesting topics to keep us
mentally focused.

7KH WHDP¶V URVWHU E WQat do you think were some of the biggest
of Akmal, Oscar, Limbani and I as obstacles to organizing the
WKH SUHPLHU EDFN IISFCO GHIHQGHUV
&DUOR DQG &HGULF AM think the most difficult thing was arranging
DV WKH ILHUFH V a fixed time for practice. All of the international
Abu, Vincent, Roderic and I students have different courses and schedules, in
holding down center at the DGGWLWRQ WR WKHLU RZQ H[WUD FXUULFXODU DFWLYLWLHV
PLG¿HOG SRVLWLRQ &RDLQG ZDUXQ &RUGWR ¿QG D VXLWDEOH WLPH IRU HYHU\RQH
keep. It is important to mention, to meet, on a consistent basis, for practice and
however, that our players never team meetings. That's why every Wednesday was
played a fixed position because mandatory training for our team—no excuses
we frequently rotated and switched allowed.
UROHV DFFRUGLQJ WR Although our team members belonged to a variety
Over the past several months, we built RI QDWLRQDOLWLHV ZLWK GLUHGHQW FXOWXUDO EDFNJURXQG V
up our team chemistry by spending a lot of and so forth, in the end, there was one thing that
WLPH WRJHWKHU RQ DQG Ru we all had in common that brought us together—
not practicing football or discussing team strategy, our love for the game of football. When we were
we often went out to eat together and ate several on the field together as a team, everyone shared a
rich and tasty chocolates. Some people may believe common language and sense of purpose, e.g. at least
that joking around and eating too many chocolates everyone knew their position and what the other
is an inadequate way to form a championship team, players were doing around them. This made it much
but it was just what we needed to get the job done. easier for us to get along with each other, despite

any communication or cultural
barriers.
In regards to language,
English was our basis of oral
communication since the team's
RYHUDOO FRPPDQG RI ODQGDULQ
Chinese was comparatively
weak. Our coach also spoke
D ORW RI ODQGDULQ &KLQH V H
to us, so on many occasions,
we had to translate it which
still brought about some key
misunderstandings. But at the
end of the day, the whole team
was aware of our common goal
to win the championship.

E: During the time that you spent with the team, were there any unforgettable moments that you would be willing to share with us?
responsibility to represent ECNU to the fullest extent of our capabilities. I will never forget all of
WKH GHGLFDWLRQ HuRUW DQG W

A: Each one of our training sessions at Min Hang left a deep imprint on my memory. Our practices were held during the highest temperatures of the day so we were always soaked in sweat—under the ferocious heat—it felt miserable to practice, at times. We were all eager to learn new things about each other and ourselves, whether in the classroom or on the field, we all shared a common sense of

team strategy. He also had a very rigid schedule at ECNU so he only came into contact with us at the Min Hang practices.

Roderic, undoubtedly, was our coach when we practiced at the Zhong Bei campus fields. He persistently motivated us to work together as a team, support each other's decisions and push ourselves to overcome all of our weaknesses. We

E: What does the ISFC mean to you?

A: I've been a member of ISFC since I arrived here in March 2016. I think that ISFC is an exciting and challenging experience for any international student. D W W H Q G L Q J (& 18 P R U H R Y H U to meet people and make new memories. There were even some girls who played on the team in

the previous semester, joining in for the fun and love of football. I encourage this kind of interaction and cooperation to promote gender equality in sports. Football should be a sport because women can play, too. Football is a sport to be shared and appreciated among everyone regardless of gender, age, nationality, race, or class.

E: What kind of goals did the team have prior to the competition? Do you think the team achieved those goals?

A: Our objective, simply, was to win the championship and we certainly achieved it this year. We were also aware of the responsibility we had

were all confident that since we came so close to the championship victory in 2016—clinching second place—nothing was going to stop us from taking the gold this year.

So in the last two to three weeks leading up to the
WRXUQDPHQW ZH LQFUHDVHG
times a week. Every practice was about two hours.

We separated the schedule format into physical
W U D L Q L Q J R Q R Q H G D \ I R O O
R Q H R Q W K H Q H [W G D \ H Y H Q W
certain occasions. We also made it a point to relax
and have fun with each other during our increased
training regiments as a means to relieve any kind
of tension or pressure.

LQ UHSUHVHQWLQJ (&18 DW W
were funded by the university to participate, we
wanted to play at our highest level of competition to
show them our skills. We also enjoyed the respect
earned from winning, not just because we like to
win, but to prove that success is gained from hard
work.

Do the IFB players take the different strategies for each match? And were they successful?

A: Yes, devising team strategy, actually, was a P X W X D O H u R U W E H W Z H H Q W K H In considering that we only had 10 players on the ISFC squad, so we had to develop an

When we faced the home team—Beijing Normal University. They were very accustomed to the roster). Another comparable difference is that we made certain adjustments according to our own strengths and weaknesses. Since we all knew the strengths and weaknesses, we played to our advantages by eliminating the disadvantageous areas for our strategy and tactics.

We were also, by sheer luck of the bracketable to QLO YLFWRU\ (DFK RQH RI WKH observe and analyze our opponents prior to facing SOD\HG ZLWK DQ DJJUHVVLYH FR them because none of our matches were scheduledenergy at every position. They carried the same during the early morning rounds. You can see from SRZHU DQG VWUHQJWK WR IDFH WKH UHVXOWV WKDW RXU RYHUOR match, both sides failed to score or make HFWLYE for what I know more specific content, then I any progress until the last minute of the game, can only tell you that it's a team secret (LOL when our designated striker, Carlo, scored the

E: How many matches were scheduled for the 2017 China Normal Universities Football Competition? Which match was the most challenging for the team?

A: The tournament structure was set up to last for two days. A total of 6 teams were divided into 2

groups, each, containing 3 teams. The 2 teams of JLYH XS XQWLO WKH 2 QDO PRPHQ each group with the highest total of points advanced that it's over, and there is no turning back. I think the first match was the toughest one for us to win. It was our first match of the tournament

E: The whole school is so excited and proud for ISFC's championship victory! How did you feel about it?
ZKHQ \RX ZHUH SOD\LQJ RQ WZLWK WKH coach and instructors who provided us with the best conditions for training. For example, they arranged transportation for us to travel, bought us food and beverages to keep us nourished, and helped us communicate with the public about the tournament. Their encouragement and support, though not visible during any of the matches, was one of the primary factors for our championship victory.

A: I look at every game the same way, no matter what I am representing or who I am playing for. When I'm on the field, I only think about what it takes to win the game. Although we don't get paid to play in the ISFC, we certainly share a higher sense of motivation, responsibility, and even pressure to succeed for ECNU. It is our love for the university that gives us a sense of belonging to it—on or not, I really appreciate the experiences I had with everyone in ISFC and for ECNU's sponsorship. I am proud to represent the university through ISFC, and I hope that what we have achieved, thus far, improves the image of ECNU throughout the international sports community.

E: What do you think is the “secret” to championship victory?
FKDUP RI IRRWEDOO RULJLQDW HV IURP young people, a good example for everyone to follow.

A: I believe that one important element to success, in any sport, is team chemistry. ISFC came together for the love of football and the pride to represent ECNU as a team. We owe our victory to the coaches and instructors who provided us with the best conditions for training. For example, they arranged transportation for us to travel, bought us food and beverages to keep us nourished, and helped us communicate with the public about the tournament. Their encouragement and support, though not visible during any of the matches, was one of the primary factors for our championship victory.

E: Did you find it hard to adjust to playing with teams from other international clubs?
A: Yes, we became acquainted with some of the other international club's players from last year's tournament. I was happy to see them again. On the field we are rivals, but after the games we developed a friendship. We made jokes about each other's performance and talked about our matches in specific details. I think this is where the real competition second.

E: What developed your interest in football? Do you have any favorite football team or athlete? Did you get inspirations from them?
A: Well, I started to play football at the age of 7 in Portugal. I started out at playing keep. At one point, I broke my arm but I never quit playing football after my recovery. Back in my hometown—Macao—I played for the varsity team. Football is such a passion and commitment for me that, basically, it is a primary factor

in my life, anywhere I go.

In Europe, football is not just a sport or hobby—it's culture. It is common to see children playing football during every break in school, for instance. Football always creates a great atmosphere for everyone. My favorite professional football athlete is Cristiano Ronaldo who plays for Lisbon's Sporting Clube de Portugal (Sporting Club of Portugal).

Ronaldo comes from a poor island in Portugal. He moved to the capital, Lisbon, when he was 12 years old. He then became one of the most famous international football players later on in his career. One of the things I really admire about him, though, is his ambition and confidence to pursue a professional career in football. I think most people do not have a clear goal about what they want to do when they are young, so he serves as a good example for everyone to follow.

I do not intend to become a professional football player. I prefer to say that football, itself, is an inspiration for me because it teaches the philosophy of team work which is relevant to daily life experiences. Whether in school or at work, we must strive, physically and mentally, to put common control and the art of cooperation to accomplish a mission. It is genuinely the best feeling in the world to me.

E: What's the next step for ISFC?
A: We will continue to pursue the championship, want to reduce our weaknesses to become a more efficient football team. Moreover, we also hope to promote ISFC to the upcoming international students, in order, to recruit more players who share the same love for football as we do. In the

- meanwhile, we will organize more regular activities and practices. It is our wish to build a strong, harmonious, and disciplined team for the future.
2. squad: n. 240
3. couch potatoes: n. 240
4. charismatic: adj. 90
5. roster: n. 84 = 1/4
6. regiment n. x WGy
7. bracket: n. 110 240
8. LOL: abbr. Laugh Out Loud 1A *
9. penalty shoot-out: n. 3 W, H
10. team chemistry: LO21/Z
11. varsity team: W -F Ø >~LO

for a non-profit organization called Independent



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“I believe that if you want something done, you have to put in the effort to achieve it.” Let’s fnd

ECNU Circle: Can you please briefly describe your hometown? Which people in your life have L Q À X H Q F H G \ R X W K H P R V W "

Joshua: My hometown is Conway in the state of Arkansas USA, and my ancestors migrated there from Switzerland in the late 19th century. They were cattle ranchers who brought their skills and experience in raising livestock to the rural Arkansas countryside to settle down and begin a new life. Even today my grandfather, Frank Mayor, still carries on the tradition and trade of raising cattle that was handed down from his father. I think that as a child I spent a majority of my time around him, so I was very grateful to have him as a central figure and role model in my life. I learned from my grandfather how to respect myself, take pride in my work, and never let people’s criticisms and problems interfere with my own goals, to which he taught me through his actions and not by his words. He never directly gave me advice about life, though I understood it through his character and how he conducted himself around others.

My hometown is referred to as the “natural state” due to its abundant countryside and natural scenery. The natural landscape that embodies Arkansas

gives it a very warm and liberating atmosphere, one of the main features that makes it stand out from other places in the USA. The weather patterns in my hometown are fairly compatible to the climate in Shanghai, although I think the winters are a little colder in Shanghai and the summer is more humid in Arkansas.

E: How did you learn about ECNU? What solidified your decision to embark on your research at ECNU instead of any other university?

J: , Z D V ¿ U V W L Q W U R G X F H G W R (& . University of Central Arkansas (UCA), led by Dr. Zhuang of the Department of Chinese Language and Confucius Institute. In the language immersion program, we only take classes about Chinese language and culture. The credits from those classes are also transferred to our university in the USA so that we can advance to higher level language courses upon enrolling for the subsequent semester. I came back to ECNU in 2015 to improve my overall language skills and knowledge of Chinese. F X O W X U H 6 L Q F H , K D G R Q O \ Chinese for 3 years, I felt that I needed to make a lot of progress on my speaking, reading, and listening. I am still engaged in my studies now, X V L Q J 0 D Q G D U L Q & K L Q H V H W R P \ L Q V W U X F W R U V U H D G U H I H U research, and learning

From Arkansas to Shanghai

Moving On at ECNU

more about the essence of Chinese culture. So I feelchanged over time. I am particularly interested in that I need to keep learning about the language andthe development of the Communist Party of China culture in order to adapt to the Chinese society.

E: What field did you specialize in during your undergraduate studies at the University of Central Arkansas? Is it relevant to what you are studying now?

J: I specialized in a liberal arts program of the Political Science Department called International Studies. It was essentially a program that encompassed several liberal arts classes, such as history, geography, economics, political science, and regional studies. I combined my courses from geography and political science to specialize in the of studying foreign policy to analyze and interpret the relevant geographical variables, as well as the relationship between dynamic international actors politics.

My research plan is to study the historical development of publishing in China, to the effect of what was going on inside of China and how it

prior to World War II and how the rise of the party impacted the rest of the world during the Cold War period.

Moreover, as a foreigner living and studying in China, I think it is suitable for me to study about historical events in China to understand how they affected foreign countries, and how those foreign countries played a role in China's decision making.

E: What do you think of the academic atmosphere here at ECNU? How does it compare to universities in the USA?

J: I think that ECNU's overall atmosphere is very lively and conducive to learning. For instance, in the library I can always encounter students who are diligently working on their study materials, then when I go outside I usually see people studying on the lawn or walking to their classrooms. As for a project. ECNU students always seem to be engaged in their work, not wasting a single minute to deviate from their targets. I believe that every ECNU student shares a common aim to excel, along with the determination to apply their knowledge and skills for the future.

In my opinion, one of the most significant

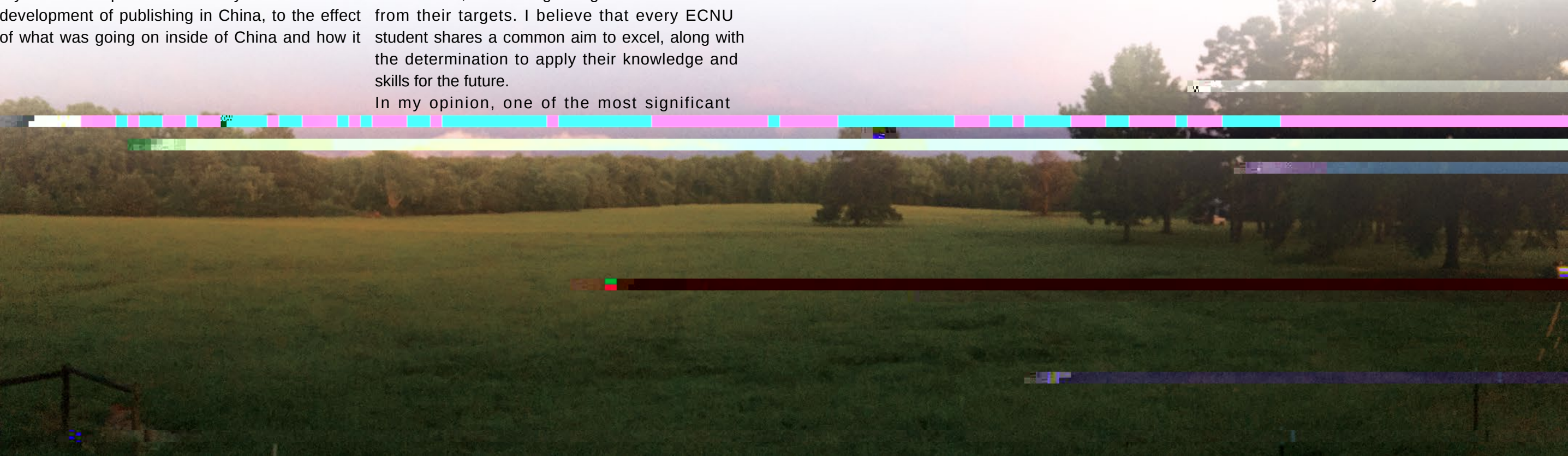
differences between Chinese and American person. But I did obtain some very worthwhile campuses is that the library in China has a more information from Dr. Zhuang who was responsible solemn atmosphere. It seems to me that university I RU P\ 8 & \$ D I I L O L D W H G S U R J U D P libraries in the USA serve not only as an area for informed me of three key points about Shanghai: reading and learning, but form a kind of social beer and food is really cheap so you won't starve, environment for students to communicate about G R Q \ W H D W W K H V W U H H W I R R G X Z K D W W K H \ D U H G R L Q J L Q V F E R Q D D \ Q H W & I Q L Q Y R V H H F X L W H L Q H D Q it can also become a place for people to discuss from a street salesman if you can't speak to them in matters that are irrelevant to the university, such Mandarin.

as their daily lives or sporting events. I am not implying that this is an unfavorable situation, though it is certainly different from the library environment that I have witnessed at the Chinese campuses.

E: What was your initial impression of Shanghai before you arrived here? How do you feel about it about now?

J: Honestly, I didn't have the slightest idea of 6 K D Q J K D L S U L R U W R F R P L Q J K P H H E H E D X F R Q L Y G H Q V G L Z L F X K O P \ D E I R U P H W R L P D J L Q H D Q \ S O D F H H W K D W , K D Y H Q \ W V H H Q L Q

It appears that I have somewhat adapted to the lifestyle in Shanghai, probably because I have lived here for almost 2 years altogether, but more importantly due to the loyalty and care of my friends. My friends and instructors at ECNU are D O Z D \ V R S D W L H Q W Z K H Q K H O S L Chinese, expressing their receptiveness to listen to my opinions on Chinese society and culture. % H V L G H V W H D F K L Q J P H W K H S U R S communicate in the language, they also encourage others to work. I also have a variety of friends who live and work



my lack of cultural knowledge. Although I have
OHDUQH G ODQGDULQ &KLQHVH IRU QH D
, VWLOO KDYH VHYHUH GLVFXOW\ ZLWK
More importantly, because I do not have the
proper understanding of Chinese culture, using the
ODQJXD JH WR FRPPXQLFDWH HuHFWLYH
manner also prevents me from establishing healthy
VRFLOO LQWHUFRXUVH ZLWK SHRSOH
through my experiences in learning Chinese,
Spanish, and Russian languages that it is not one's
ability to use grammar, phrases, and sentences that
SURSHOV HuHFWLYH FRPPXQLFDWL RQ
other people feel comfortable through interpersonal
communication skills—knowing how common
people use the language in ways different from
one's own native language to express an idea or
thought. There are times when I knew the correct
ZRUGV DQG SKUDVHV WR H[SUHV V P\ V
Chinese, but after I said something that seemed very
natural to me actually made the other person feel

+PTIVB BOE IJT GSJFOE
in Shanghai who are not associated with ECNU.
We also talk about society, culture, and history
when we are together or discuss about their work
and families in China. My friends also helped me
adjust to the living circumstances outside of the
campus, which was a very tough experience for
me in the beginning. Overall, Shanghai is really a
PDJQLILFHQW SODFH IRU PH WR SURJUHVV DV D KXPDQ
being, meanwhile refine my skills in language and
UHVHDFK WKHUH IRU WKH
more about myself, meet new friends, and become
acquainted with a different culture from the one I
grew up in.

E: Have you come across any challenges or
GLVFXOWLHV VLQFH \RX FDPH WR QDWLQJ
you handle them?
J: I have prevailed over many challenges in
Shanghai, of which most of it can be attributed to

So by obtaining some knowledge of the country's
culture, it will be easier to conform and understand
the people there. The most important thing is that
once you arrive to your destination, you need to
start using the language immediately. The quicker
you start using it, the more likely you will attain
the ability to use the language in its proper form.
Also, think you should not be afraid of talking
with others, even if you know that your language
skills are minimal because practice is what makes
\RX PRUH FRQGHQW WR VSHDN
people. KRZ WR PDNH
Another important factor is that you need to
make sure that you have a place to live. Because
without a suitable accommodation, it is likely that
HYHU\WKLQJ \RX ZDQW WR GR
location of your residence. This is an undisputable
fact for anyone in the world, so make sure that
you can live in a dorm on campus otherwise you
ZLOO EH IRUFHG WR QG VRPH
can be extremely challenging in a foreign country.
Last but not least, you must make as many friends
as possible on campus. Be nice to people and
generous to help them out when they appear to be
struggling. There have been many times on campus
when I witnessed students who were carrying heavy
items, such as luggage or project models to the
classroom, and I always requested to help
them and made several friends in this manner. This
is not excluded to students inside the campus, you
can also help people who are struggling wherever

you are at any given time.
(\$V WKH UVW IRUHLJQ H[SHUW
CIRCLE, what expectations and goals do you
have for the future?
J: I want to complete each edition through
cooperation with the team members, learn
something useful from the work, and realize
something in my work that I didn't know before
which allows me to progress. When I look back
in the future, I want to be known with the work
that we compiled and published for ECNU.
Along with the adept skills of our editors,
journalists, and writers on the ECNU CIRCLE
team, I expect us to promote ECNU CIRCLE
as a platform and guide to explore the ECNU
campus, reveal the vitality of its growth and
development as a modern university, and bring
the success of our teachers and students to the
attention of the public. WR OLYH ZKLFK

concurrent adj. < & +O,'
University of Central Arkansas 5% - Å JLo6B8¢ W –
* H R S R OSHW E F V
repertoire n. ~G °7-
adept adj. 'i46,'

RULE-BASED MANAGEMENT
7KH ORQJ KLVWRU\ DQG WKH DOO \H DU URXQG UDFHV
ZRXOG QRW EH SRVVLEOH ZLWKRXW WKH FOXEV\ DvOLDWLRQ

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A Unique Experience in Cambridge

The River Cam nourishes the land year after year, and it nourishes Cambridge students day after day. Cambridge students are water plants in its gentle waves, absorbing nutrients from it, swaying leisure time on it, and growing into a man with it. This makes rowing the most renowned sport at Cambridge University. Fascinated by this hallmark sport and the annual Oxford and Cambridge Boat Race on the River Thames in London, I enrolled myself at the City of Cambridge Rowing Club (CCRC) as soon as I started my visit at Cambridge University, which has unexpectedly deepened my involvement in Cambridge life.

ROWING CLUBS

I was amazed at the long history of these rowing clubs. Rowing first started at Cambridge university LQ ZKHQ 6W -RKQV H VWDEOLVKHG WKH ¿UVW FROOHJH ERDW FOXE ‰\ Magdalene, Emmanuel, Christ's, Corpus Christi and Peterhouse, had established their own clubs. At present, each college of Cambridge University has its own boat club, which adds up to 41 boat clubs (College, University and town Clubs) on the Cam. Cambridge University Combined Boat Clubs is mainly responsible for managing college rowing and running University races, such as the Fairbairn Cup, and the more prestigious Lent and May bumps. CCRC, established in 1863, is now the oldest town club on the Cam, which hosts and runs several local rowing races, including the Cambridgeshire Rowing Association Winter /HDJXH WKH +HDG 7R +HDG UDFHV LQ VSU and the CCRC's Head of the River. As a CCRC member, I participated all of these races, in which I have learned the true spirit of Cambridge people.

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workouts, including a summary of the training points, the stars and the wooden spoons of the week. I was “lucky” enough to win two the wooden spoons because I forgot to update my availability for training in advance.

The outing on the Cam
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disobedience. The first and foremost rule is that the cox commands. The crew—eight rowers, a cox and a coach on the same boat—cease to be individuals, and become one, who must do whatever the cox tells them in a timely manner to aid with steering and to improve their rowing. No argument against the cox, whether the boat is going to
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against other crew members, however wrong they might have done. This rowing ethic prevails over democracy on the boat, and democracy returns in the ashore meeting after the outing: each crew member has the equal opportunity to give feedback and suggestions on the outing

CRA City Bumps 2017

My Team-Marilyn Manrows

and the cox. Besides, all crew must be punctual and keep all mind in the boat, sitting up tall and proud, fully concentrating on each stroke, and synchronizing each action with the others—“touch down, arms away, rock over, slide forward, power down...” Even a momentary lapse of concentration would mess up or even capsize the boat. Our boat capsized last winter because a new Spanish rower didn’t immediately react to the cox’s order when passing a river bent.

The races are run in an amazingly orderly way. Take some of the races that I have participated for
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100⁺ E R D W V Z K L F K U R Z H G W Z L F H L Q T X L F N V X F F H V V L R Q ² U V W G R Z Q V W U H D P D Q G W K H Q P L Q X W H V O D W H U L Q X S V W U H D P
G L U H F W L R Q R Q W K H Q D U U R Z U L Y H U Z L W K L Q R Q H G D \ L Q W K H / H Q W D Q G O D \ E X P S V R Y H U D K X Q G U H G F U H Z V F R P S H W H R Y H U
G D \ V R I U D F L Q J) R U G H F D G H V D O O R I W K H V H H Y H Q W V K D Y H E H H Q K R V W H G E \ W K H F O X E V L Q G H S H Q G H Q W O \ D Q G H v F L H Q W O \
under the auspices of CRA and British Rowing.



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